

SAFER, SMARTER SCHOOLS: SCOPE & SEQUENCE

SAFER, SMARTER KIDS!

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Lesson 8
Kindergarten	<ul style="list-style-type: none"> Safety Rules Safety Stop Sign I Mean Business Voice <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Understanding Safe and Unsafe Situations Using I Mean Business Voice to Stay Safe 	<ul style="list-style-type: none"> Strangers Grown-Up Buddies Trusted Triangle <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Characteristics of Safe Adults 	<ul style="list-style-type: none"> Think, Feel, Act Guiding Voice <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Using Think, Feel, Act and Guiding Voice to Make Safe Choices 	<ul style="list-style-type: none"> Private Parts Personal Space Safe and Unsafe Touches <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Personal Safety Physical Safety 	<ul style="list-style-type: none"> Safe and Unsafe Secrets <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Identifying Unsafe Secrets 	<ul style="list-style-type: none"> Tattling and Reporting <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Accessing Help 	N/A	N/A
First Grade	<ul style="list-style-type: none"> Safety Rules Grown-Up Buddies Trusted Triangle <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Characteristics of Safe Adults 	<ul style="list-style-type: none"> Safety Stop Sign I Mean Business Voice <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Using I Mean Business Voice to Stay Safe Identifying Unsafe Situations 	<ul style="list-style-type: none"> Think, Feel, Act Guiding Voice <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Using Think, Feel, Act and Guiding Voice to Make Safe Decisions 	<ul style="list-style-type: none"> Safe and Unsafe Touches <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Personal Safety Physical Safety Personal Boundary Body Boundary 	<ul style="list-style-type: none"> Safe and Unsafe Secrets <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Identifying Unsafe Secrets and Unsafe Situations 	<ul style="list-style-type: none"> Tattling and Reporting <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Accessing Help 	<ul style="list-style-type: none"> Strangers <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Reinforce Stranger Safety 	<ul style="list-style-type: none"> Safety Tools Review <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Using Safety Tools to Understand Safe Choices
Second Grade	<ul style="list-style-type: none"> Grown-Up Buddy Trusted Triangle Safety Stop Sign I Mean Business Voice Think, Feel, Act Safety Barometer <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Characteristics of Safe Adults 	<ul style="list-style-type: none"> Awareness of Surroundings Safety Goggles <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Recognizing Safe and Unsafe Situations 	<ul style="list-style-type: none"> P.L.A.N. <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Understanding the Elements of P.L.A.N.: <ul style="list-style-type: none"> Permission Location Activity Names and Numbers of Adults 	<ul style="list-style-type: none"> Safe and Unsafe Secrets Secret Gauge Think, Feel, Act Trusted Triangle I Mean Business Voice <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Identifying Types of Unsafe Secrets: Threat, Promise, Trick 	<ul style="list-style-type: none"> Body Boundaries and Privacy Lock and Key Token <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Privacy Personal Boundary Violation Body Boundary Violation 	<ul style="list-style-type: none"> Body Boundaries and Privacy Safety Barometer Bullying Safe Use of Cell Phone Camera <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Privacy Personal Boundary Violation Body Boundary Violation Safe Use of Cameras 	<ul style="list-style-type: none"> Cyber Safety Guiding Voice Cyber Citizen Learners Permit <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Safe Use of the Internet and Social Media 	<ul style="list-style-type: none"> Safety Tools Review <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Accessing Help
Third Grade	<ul style="list-style-type: none"> Good Citizenship in our Community Wrongdoing Wrongdoer Victim Bystander Safety NETWORK Think, Feel, Act <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Balance of Power Understanding Unsafe Situations 	<ul style="list-style-type: none"> Digital Safety Digital Community Digital Citizen Social Media <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Making Safe Choices on the Internet and in Social Media Safe Use of Cameras 	<ul style="list-style-type: none"> Body Boundaries and Personal Space Violation <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Physical Safety Personal Safety 	<ul style="list-style-type: none"> Body Boundaries and Personal Space Guiding Voice Personal Power <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Body Boundary Personal Boundary 	<ul style="list-style-type: none"> Unsafe Situation Safe Secret Unsafe Secret <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Types of Unsafe Secrets: Threat, Promise, Trick Privacy Body Boundary Violation Personal Boundary Violation 	<ul style="list-style-type: none"> Voice Heard & Helped <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Accessing Help 	N/A	N/A
Fourth Grade	<ul style="list-style-type: none"> Kids Bill of Rights <ol style="list-style-type: none"> Safety Respect Your Identity A Voice Childhood <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Right to Privacy Personal Safety Physical Safety 	<ul style="list-style-type: none"> Voice-The Right To Be Heard Safety NETWORK <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Balance of Power Healthy/Unhealthy Relationships 	<ul style="list-style-type: none"> Respecting Boundaries Body Boundaries Voice Tattling and Reporting Think, Feel, Act <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Body Boundary Violation Personal Boundary Violation Types of Unsafe Secrets: Threat, Promise, Trick 	<ul style="list-style-type: none"> Identity-The Right To Be Who You Are <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Understanding Recruiting Resisting Pressure from Others Healthy/Unhealthy Relationships Making Safe Decisions on the Internet and in Social Media Safe Use of Cameras 	<ul style="list-style-type: none"> The Responsibilities of Your Rights <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Right to Safety Accessing Help 	N/A	N/A	N/A
Fifth Grade	<ul style="list-style-type: none"> Peer Pressure: Finding the Courage Within You <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Balance of Power Healthy/Unhealthy Relationships Safe Choices with Peers Understanding Recruiting 	<ul style="list-style-type: none"> Cyberbullying Cyber P.L.A.N. <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Safe Use of Cameras Making Safe Decisions on the Internet and in Social Media 	<ul style="list-style-type: none"> Privacy Safety NETWORK <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Personal Boundary Personal Boundary Violations 	<ul style="list-style-type: none"> Boundaries Grooming <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Body Boundary Violations Types of Unsafe Secrets: Threat, Promise, Trick 	<ul style="list-style-type: none"> The Courage to Change <hr/> Crosswalk to Human Trafficking <ul style="list-style-type: none"> Accessing Help 	N/A	N/A	N/A

Bolded and italicized K-5th grade topics are new concepts that are being introduced.

SAFER, SMARTER TEENS

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Lesson 8	Lesson 9	Lesson 10	Lesson 11	Lesson 12	Lesson 13	
Middle School	<ul style="list-style-type: none"> Self Esteem & Personal Power 	<ul style="list-style-type: none"> Acceptance: Body Boundaries, Sexual Pressure, Fitting In 	<ul style="list-style-type: none"> Boundaries: Grooming, Secrets, Isolation, TFA 	<ul style="list-style-type: none"> ACT-Ask, Care, Tell: Abuse, Disclosure, and Getting Help 	<ul style="list-style-type: none"> Isolation: Technology, Safety, Cybergrooming 	<ul style="list-style-type: none"> SAFE: Seek Help, Trusted Adult, Face Your Fears, Energize Your Personal Power 	<ul style="list-style-type: none"> SAFE: Seek Help, Trusted Adult, Face Your Fears, Energize Your Personal Power 	<ul style="list-style-type: none"> Human Trafficking-Online Lesson – Recognition of human trafficking. Recognizing the risks of being targeted by a human trafficker. Understanding how human traffickers recruit and maintain control. 	<ul style="list-style-type: none"> <i>Mental Health What is Health? – Understanding physical and mental health and wellbeing.</i> 	<ul style="list-style-type: none"> <i>Mental Health What is Mental Illness? – Understanding different mental states, causes of mental illness.</i> 	<ul style="list-style-type: none"> <i>Mental Health Awareness and Prevention – General information on mental illness symptoms and suicide prevention.</i> 	<ul style="list-style-type: none"> <i>Mental Health Seeking Help – Gaining awareness of the warning signs of mental health issues, the importance of seeking help, and how to seek help.</i> 	<ul style="list-style-type: none"> <i>Mental Health Wellbeing – Learning coping strategies to deal with stress, the importance of making healthy decisions.</i> 	<ul style="list-style-type: none"> <i>Mental Health Health Lifestyle Choices – Prevention of drugs, nicotine (smoking or vaping), and alcohol.</i>
High School	<ul style="list-style-type: none"> Be the Change: Personal Rights and Responsibilities, Building Communication Skills 	<ul style="list-style-type: none"> Healthy vs. Unhealthy Relationships, Self Esteem, Boundaries, Balance of Power 	<ul style="list-style-type: none"> The Problem of Sexual Abuse, Grooming, Cyber Safety, Control: Force, Coercion, and Fraud 	<ul style="list-style-type: none"> Dating Violence and Harassment, Flirting or Harassment, Confronting Sexual Harassment 	<ul style="list-style-type: none"> Education and Advocacy in Action, Developing a Safety P.L.A.N. 	<ul style="list-style-type: none"> Human Trafficking-Online Lesson – How human traffickers target victims. How human traffickers maintain control. Recognizing the outward signs of human trafficking in others. How to get help and report human trafficking. 	<ul style="list-style-type: none"> <i>Mental Health What is Mental Health</i> 	<ul style="list-style-type: none"> <i>Mental Health Understanding physical and mental health.</i> 	<ul style="list-style-type: none"> <i>Mental Health State of Mind – Understanding different mental states, including mental wellbeing, mental distress, mental health problems, and mental illness.</i> 	<ul style="list-style-type: none"> <i>Mental Health Seeking Help – Gaining awareness and understanding of the warning signs that signal a mental health concern, when to seek help, and how to seek help. Awareness of suicide risks and suicide prevention.</i> 	<ul style="list-style-type: none"> <i>Mental Health Addiction - Exploration of the reasons that teens try and use drugs, nicotine (smoking or vaping), and alcohol.</i> 	<ul style="list-style-type: none"> <i>Mental Health Wellbeing – Strategies to cope with stress, increase personal resilience, and make healthy decisions.</i> 	N/A	

Bolded and italicized Middle and High School topics are concepts that fulfill DOE requirements for Human Trafficking and Mental Health education.