

NAME: _____

DATE: _____

SAFE AND UNSAFE TOUCH

Directions: Parents and caregivers, read each situation to your child and ask them what they might think and feel, and how they might act. Remember, this is a great opportunity to reinforce that your child's body is their own and that they don't need to accept touches that make them feel uncomfortable.

Situation #1

You and your parents are visiting your relatives. You always get nervous when you go to see them because your uncle is there and he puts his arm around you and leaves it there for a long time. You don't like when he does that, but you don't want to hurt his feelings or make anyone mad. What do you think and feel, and how will you act?

Think: _____

Feel: _____

Act: _____



Situation #2

Your older brother is tickling you. It was fun at first, but now you can't catch your breath and you start to feel scared. What do you think and feel, and how will you act?

Think: _____

Feel: _____

Act: _____

