

# LESSON 6

## Human Trafficking

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### Glossary of Terms

**Commercial Sex Act:** When sex is provided in exchange for something of value.

**Coercion:** Making someone do something against his or her will by using threats or intimidation to control that person.

**Force:** Making someone do something against his or her will by using violence to control that person.

**Fraud:** Making someone do something against his or her will by using false promises or lies to control that person.

**Human Trafficking:** When someone is recruited, hidden, or transported against his or her will for the purpose of forced labor, involuntary servitude, slavery, or for a commercial sex act; “modern-day slavery.”

**Involuntary Servitude:** When a person remains in the service of another person against their will

**Sex Trafficking:** When someone is recruited, hidden, or transported against his or her will for commercial sex; their trafficker financially benefits from the sex acts performed by the victim.

**Slavery:** When a person is considered the property of another person and forced into involuntary servitude.

**Trauma Bond:** A trauma bond forms when a victim of abuse forms an emotional connection with the abuser. This bond makes it extremely difficult for the victim to leave.

**Trusted Adult:** Someone you can turn to for help, who does not want anything from you in return.



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### A.C.T. for Safety

**Directions:** One member of the group will read the situation. The group will discuss the scenario and answer the questions. Use **A.C.T.** to respond to a student in a dangerous situation.

**Situation 1:** Michael has been having a difficult time looking for a summer job. He is getting ready to graduate and wants to save money for college. One day he comes to school and tells you about a great new job that he has been offered. He is excited and tells you, “I am going to be traveling around the country with a sales crew selling magazines. They will pay for all of my travel, lodging, and food. All I have to do is go door to door selling popular magazines. This is going to be so much fun and a great way to earn lots of money!”

You have heard about traveling sales crews and how they trap people with false promises. They set a very high quota for the number of magazines that must be sold. If that amount is not sold, there are threats, beatings, food is withheld, they may even leave you on the side of the road without knowing your location, and they control your cell phone so you can't call anyone for help. Sometimes, they provide drugs and control the workers by giving or withholding the drugs. You are worried that Michael is at risk of being in an unsafe situation.

You know that traveling sales crews can be very dangerous. What can you **ASK** Michael to show you care?

*Michael tells you he just met this guy at the mall and he told him about the great opportunity. But there isn't a name of the company because they are “restructuring” so he will contact him when it's time to start traveling.*

What can you say to Michael to show you **CARE** and are concerned about the job?

Who can you **TELL** to make sure Michael is not trapped into a traveling sales crew?



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**Situation 2:** Maya just moved to your town. She sits next to you in English and you often talk before class. You notice that she usually sits alone during lunch. After a few weeks, Rylan starts sitting by her and talking to her during lunch. Maya tells you that she is excited that Rylan is going to introduce her to some of his friends this weekend. He is going to pick her up on Saturday after dinner. On Monday, you ask Maya how things went with Rylan. Maya looks down and says, "It was okay, just not really what I was expecting." She explained that when she got in the car there were several older guys in the backseat. They drove to Dylan's house for a party. Most of Dylan's friends were much older than Maya. She talked about how they were pretty cool and they gave her a lot of attention and told her she was really special.

After a few weeks, you notice that Maya always seems upset. When Rylan sits by her she slumps down and looks away. She has started missing school and her grades are slipping. She doesn't talk to you before class and only hangs out with Rylan. You ask Maya if she wants to get together after school to study for the English exam. She tells you that she can't, Rylan won't let her. You realize that Maya could be in an unsafe situation.

You are concerned about Maya. What can you **ASK** to show you care?

*Maya tells you that Rylan takes her over to Dylan's every day after school. They are always doing drugs. She resisted at first, but after a while she started doing them too. There have been times that she is really high and Dylan demands that she do things with the older guys at his house. Sometimes she doesn't even remember what happened.*

How can you respond to show you **CARE**?

Who could you **TELL** to get help for Maya?



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**Situation 3:** You have been friends with Robbie and William since elementary school. William has always looked up to his older brother Manny. You hear Robbie and William talking about hanging out with Manny and his friends. You feel left out so you ask Robbie, “Hey, what’s going on with you and William?” Robbie shrugs and says, “It’s no big deal, Manny and his friends like to party and they let us hang out.” You ask, “Can I come along too?” Robbie quickly says, “Hey, man, you need to stay away, just trust me on this one.” You think Robbie and William could be in an unsafe situation.

You can tell something is wrong. What can you **ASK** Robbie to show you are concerned?

*Robbie looks upset and tells you, “I was surprised when Manny and his friends were smoking and drinking. They offered us a beer and I didn’t want to look lame so I took it. The more we hung out, the more we smoked and drank. At first it was cool hanging out with them every weekend. Then one day Manny was talking to a friend about taking care of some business. He told us that they needed us to help him out because he needed to get to work. He had some stuff for a friend and we were supposed to drop a package off a few blocks away. It was on the way home so I took the package. A few days later Manny asked us to meet his friend in the park. I told Manny I didn’t think this was cool and that I didn’t want to get in trouble. Manny’s friend got up and grabbed me by the arm. He got in my face and said, ‘So you come here and drink my beer and smoke my weed! We treat you like family and you don’t want to help us out. I have been treating you like a friend, you don’t want to know what happens to someone who is my enemy!’ I was pretty scared, so I made the deal in the park. Now I can’t get away from them, I have to keep making deals for them.”*

What can you say to Robbie to show you **CARE**?

Who can you **TELL** to get help for Robbie?



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**Directions:** One member of the group will read the situation. The group will discuss the scenario and answer the questions. Use **A.C.T.** to respond to a student in a dangerous situation.

**Situation 4:** Katie is your lab partner in science. She works very hard to earn good grades. You often get together after school to study. Lately, Katie has been missing a lot of school. When she does come to school she appears very tired and often falls asleep in class. She was supposed to meet you to work on a science project, but she did not show up. When you ask her where she was, she gets tears in her eyes and tells you she was working. You are concerned that something is different about Katie and you are worried she could be in an unsafe situation.

What can you **ASK** Katie to show you care?

*Katie explains that she has been working a lot of long hours. She thought it would be an easy job being a waitress at a diner down the street, but instead she actually owes her boss money. She explains that she is charged for everything like her uniform, any orders she gets wrong, any food that customers complain about, and her boss takes her tips. She can't quit working because she owes them so much money and can't get out of debt.*

What can you say to Katie to show you **CARE**?

Who can you **TELL** to help Katie?



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**Situation 5:** Malory began talking about her new boyfriend. She was excited about how nice he was to her. She told stories about the kind things he said to her, expensive gifts he gave her, and parties they attended on the weekends. Malory explained that no one had ever cared for her like he does. After a few weeks, Malory stops talking about her boyfriend. You notice she appears anxious and upset.

What can you **ASK** Malory to show you care?

*Malory begins to cry. She explained how when she hangs out with her boyfriend he always has drugs. At first, she thought it was cool and liked getting high with him, but now she is addicted. She tells you that several weeks ago she went to a party with her boyfriend. He led her upstairs and told her that now it was time to pay him back for all he had done for her, and told her to go into a room with a guy she didn't know. He said he needed her to do this to show him how much she loved him, and if she didn't, he would leave her and cut her off from the drugs she'd come to depend on. After she agreed, he started forcing her to continue having sex with people. When she refused, he would keep drugs from her. Now she was so addicted to the drugs, she kept agreeing to do what he wanted. Whenever she refused to do what he wanted, he told her that she had nothing before he came along because she was worthless. He threatened her and told her he would hurt her if she didn't do what he wanted. She begins to sob and says, "But I know he loves me!"*

What can you say to Malory to show you **CARE**?

Who can you **TELL** to help Malory?



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### PSA: 30 Seconds for Safety

**Directions:** Work with your group to create a 30 second Public Service Announcement (PSA) about human trafficking to be presented to the class. The Human Trafficking Information Sheet contains information your group may include in the PSA. The PSA should begin with a statement that will catch people's attention and include information you have learned including:

- Risk factors of becoming a target of human traffickers
- How teens are targeted by human traffickers
- The physical, emotional, and behavioral indications of human trafficking
- The common living and working conditions of those being trafficked
- The importance of getting help, including hotline information

Tagline:

Introduction:

Important Facts: (Such as risk factors, how teens are targeted, indications someone is in a dangerous situation, and living and working conditions)

Getting Help:

Conclusion:





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## Human Trafficking

### Human Trafficking Information Sheet

#### Risk factors of becoming a target of human traffickers:

- Runaways
- Living in poverty
- School dropout or truancy
- Lack of job opportunities – unemployment
- Low self-esteem
- Social isolation
- Substance abuse

#### How teens are targeted:

- Online and cell phones
- Shopping malls and common “hang-outs”
- Bus and train stations
- Peer recruiters

#### Physical, emotional, and behavioral indicators of human trafficking:

- Appears fearful or anxious
- Overly submissive, nervous, or tense
- Lack of eye contact
- Displays unusually anxious behavior or appears fearful at the mention of law enforcement
- Appears to be a poor health or does not seek medical attention when it is needed
- Appears undernourished or malnourished
- Shows signs of physical and/or sexual abuse
- Has marks indicating physical restraint or confinement
- Branding or tattoos that have the name or nick name of the traffickers

#### Common living and working conditions:

- Unable to leave or to come and go
- Working for little or no pay, or paid only with tips
- Working extremely long and/or unusual hours
- Not allowed to take a break
- Working with excessive restrictions
- Owning the employer large amounts of money and being unable to repay the debt
- Recruited with false promises regarding the type or work, living conditions, and working conditions
- High security measures at the work site and/or the living locations, such as boarded up or covered windows, security bars, security cameras, barbed wire fences
- Signs of drug addiction
- Having a “manager” or “pimp” in a commercial sex industry

#### How to Get Help:

- Tell a trusted adult
- Call the National Human Trafficking Resource Center (NHTRC) Hotline at 888-373-7888
- Text HELP to “BeFree” (233-733) to be connected with the NHTRC Hotline
- Call the Florida Abuse Hotline at 800-96-ABUSE (1-800-962-2873)
- Call 911 to reach local law enforcement
- Call the US Department of Justice at 888-428-7581





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### Freedom Bill of Rights

**Directions:** Think about your rights, responsibilities, and what you can control to protect your freedom. What do you think you have the right to expect to preserve your freedom? List two or three items in each section.

I have the right to

I have the responsibility to

I am in control of