



POINT OF VIEW

Directions: Before viewing the video, read the statements below. In the "Before Viewing" column, mark whether you Agree (A) or Disagree (D) with the statement. After you have viewed the video, go back to the statements and mark in the "After Viewing" column whether you Agree (A) or Disagree (D) with the statement.

Before Viewing		After Viewing
_____	1. Human Trafficking is only a problem in other countries.	_____
_____	2. Human Trafficking would never occur in my hometown.	_____
_____	3. Students at my school are not at risk for being targeted by human traffickers.	_____
_____	4. Using your Personal Power can help protect you from human traffickers.	_____
_____	5. I can send a text message to get help to free myself or someone else from human trafficking.	_____

Before I watched the video, I thought

Now I know



SPOTLIGHT – Human trafficking occurs when someone is recruited, hidden, or transported against their will for services and the financial gain of another person. This is sometimes referred to as "modern-day slavery." It is important to identify unsafe situations and unhealthy relationships that could put you at risk. Using your personal power to maintain the balance of power will help you stay safe.

KEY VOCABULARY

- **A.C.T.:** Ask, Care, Tell.
- **Balance of Power:** How power is shared by people in a relationship.
- **Human Trafficking:** When someone is recruited, hidden, transported against their will for services and the financial gain of another person.
- **Personal Power:** The tools we have to help us make safe decisions that help ourselves and others.
- **Safe and Unsafe Relationships:** In a safe relationship, there is a balance of power where healthy boundaries are protected; the relationship is positive, rational, productive, and supportive. In an unsafe relationship, there is an imbalance of power that results in one person being controlled and manipulated by another person; boundaries are not respected, resulting in a destructive and negative relationship.
- **Trauma Bond:** A bond rooted in survival instinct; the victim is made to feel they cannot survive without the protection and support of the abuser, making it very difficult for the victim to leave. The trafficking victim loses their sense of self, adopts the worldview of the abuser, and takes responsibility for the abuse.



CLOSE-UP ACTIVITY: SCENARIO 1:

Directions: Read each scenario and consider what makes someone vulnerable to be used for someone else's gain.

Carlos has always looked up to his older brother, Daniel. He likes to hang out with Daniel's friends when they come over. Sometimes the guys tease him and call him a little kid. He really wants to fit in and be like the older guys. One day he overhears them talking about dealing drugs. When they realize Carlos heard them, they make threats against Carlos and his younger sister. One of the guys threatens, "If you tell anyone what you heard, your little sister will pay the price. You keep your mouth shut and she will stay safe." One day, Daniel gives Carlos a package. Daniel says, "You need to take the package and wait for a guy on the basketball court. And remember keep quiet." As he is leaving, one of the guys says, "You better keep quiet, you know what happens to snitches!"

What made Carlos vulnerable?

How were the older guys taking away his freedom?

How were they using Carlos for their own gain?



CLOSE-UP ACTIVITY: SCENARIO 2:

Directions: Read each scenario and consider what makes someone vulnerable to be used for someone else's gain.

William's mother is sick and has expensive medical bills. He wants to help out by earning some money, however it is not easy for a 13-year-old to find a job. The owner of a small farm about 20 miles from William's house offers him a job. The farmer explains that most kids his age can't get a job, so if William agrees to be paid cash he can work in the fields each weekend. The farmer picks up William and several other boys each Saturday morning. When William starts working he is required to work for 10 to 12 hours each day out in the hot sun. The farmer explains that he pays the workers based on how many crates of vegetables are packed. However, the farmer only pays for the crates he thinks are properly packed. He charges William for the ride to the farm, for the work gloves, for water, and for the crates he is filling. William keeps working hoping to get out of debt to the farmer.

What made William vulnerable?

How did the farmer take away his freedom?

How did the farmer owner use William for his own gain?



CLOSE-UP ACTIVITY: SCENARIO 5:

Directions: Read each scenario and consider what makes someone vulnerable to be used for someone else's gain.

Kelly and her friends like to chat online. She likes meeting people online because she is frequently teased about being shorter than her friends and looking like a little girl. One day, a guy from another school messages Kelly online. She isn't sure about the conversation at first, since she has never met him, but they continue chatting because she likes having someone to talk to and he is giving her positive attention. Kelly is flattered by his attention and agrees to give him her number. Soon he starts texting her, and asking her to send him photos. He continues to tell her how special she is. Kelly begins to meet him secretly. When they get together, she realizes he is older than he said he was online – but he is still really nice to her. He tells her to keep their friendship a secret, and he takes her out and buys her nice things. She knows it's wrong to keep this secret, but he makes her feel special. Eventually, he offers her drugs and alcohol. He tells Kelly he loves her, and she must prove her love for him. He makes promises to her and she believes that if she does what he wants, he will fulfill his promises. He has Kelly do things for money and she is forced to give him all of the money. Kelly no longer hangs out with her friends. When her friends invite her places, she tells them her boyfriend won't let her hang out because she has to be with him.

What made Kelly vulnerable?

How did the man take away Kelly's freedom?

How did the man use Kelly for his own gain?

**TAKE ACTION BY USING A.C.T.**

Directions: Review the scenario from the Close-Up Activity. Use A.C.T.: Ask, Care, Tell to help the victim in each scenario. Write your answers below and prepare to share your answers with the class.

Scenario 1: Carlos has always looked up to his older brother, Daniel. He likes to hang out with Daniel's friends when they come over. Sometimes the guys tease him and call him a little kid. He really wants to fit in and be like the older guys. One day he overhears them talking about dealing drugs. When they realize Carlos heard them, they make threats against Carlos and his younger sister. One of the guys threatens, "If you tell anyone what you heard, your little sister will pay the price. You keep your mouth shut and she will stay safe." One day, Daniel gives Carlos a package. Daniel says, "You need to take the package and wait for a guy on the basketball court. And remember keep quiet." As he is leaving, one of the guys says, "You better keep quiet, you know what happens to snitches!"

Carlos has been avoiding you and doesn't hang out anymore. He seems nervous and tense. How can you **Ask** Carlos what is wrong?

Carlos gets quiet and says that he can't tell you because he has to protect his little sister.

You realize that something serious must be going on with Carlos. How can you tell or show him that you **Care**?

Who can you **Tell** to get Carlos help?

**TAKE ACTION BY USING A.C.T.**

Directions: Review the scenario from the Close-Up Activity. Use A.C.T.: Ask, Care, Tell to help the victim in each scenario. Write your answers below and prepare to share your answers with the class.

Scenario 2: William's mother is sick and has expensive medical bills. He wants to help out by earning some money, however it is not easy for a 13-year-old to find a job. The owner of a small farm about 20 miles from William's house offers him a job. The farmer explains that most kids his age can't get a job, so if William agrees to be paid cash he can work in the fields each weekend. The farmer picks up William and several other boys each Saturday morning. When William starts working he is required to work for 10 to 12 hours each day out in the hot sun. The farmer explains that he pays the workers based on how many crates of vegetables are packed. However, the farmer only pays for the crates he thinks are properly packed. He charges William for the ride to the farm, for the work gloves, for water, and for the crates he is filling. William keeps working hoping to get out of debt to the farmer.

William has been gone every weekend for the past few weeks. He doesn't talk much and seems really tired, especially on Monday. When you ask William to go to a game next weekend, he hangs his head and says, "No, I can't." How can you **Ask** William what is wrong?

William tells you about his job. He describes how difficult the work is and that he isn't making any money because the farmer charges him for everything and he can't pay off the debt.

You know William is being forced to work and that's not safe. What can you do to show him you **Care**?

Who can you **Tell** to get William help?

**TAKE ACTION BY USING A.C.T.**

Directions: Review the scenario from the Close-Up Activity. Use A.C.T.: Ask, Care, Tell to help the victim in each scenario. Write your answers below and prepare to share your answers with the class.

Scenario 3: Belinda lives with her parents and older sister. She meets Alex, who is older than her and attends high school. She is very flattered that he is interested in her. He tells her he wants to spend time with her, however Belinda's parents would not approve of her going out with an older boy. Belinda starts sneaking out of the house to meet Alex. At first Alex is very nice and Belinda enjoys being with him. However, things change and Alex begins to demand that she do what he wants, when he wants. She texted him some inappropriate photos and he says that she will get into big trouble with her parents if they find out, so if she wants to keep their relationship a secret, she better do what he wants.

Belinda used to always talk about her boyfriend. Now she hides her phone and looks distressed when he sends her a text message. How can you **Ask** Belinda about her boyfriend and find out what is wrong?

Belinda tells you she feels like he is controlling her and she has to do whatever he wants.

You can tell that Belinda is in an unhealthy relationship. How can you let Belinda know you **Care**?

Who can you **Tell** to help Belinda get out of the unhealthy relationship?



TAKE ACTION BY USING A.C.T.

Directions: Review the scenario from the Close-Up Activity. Use A.C.T.: Ask, Care, Tell to help the victim in each scenario. Write your answers below and prepare to share your answers with the class.

Scenario 4: Ethan has been looking for a job. He has been searching for almost a year, however he can't get hired. One day he is playing basketball at the neighborhood courts. Ethan is approached by several guys who ask to join the game. As they are playing, one of the guys named Liam begins talking about work. Liam tells Ethan about a great opportunity. They all work for this company that provides summer work to teenagers. He explains that it is so much fun. They travel all over the country selling magazines or cleaning products door-to-door. He describes how the company provides the transportation, provides all of the food, gives them a place to stay, and even provides a cell phone. Ethan is excited about getting a job. He is told that each day he and a few other people will be taken to an area of a town to make sales and they will be picked up that night. Everyone will go out to dinner and then out to the movies or other fun activities. All he has to do is sell the products and the money will come pouring in. However, when Ethan starts working for the company he is driven around in a van with ten other teenagers. They are not told where they are going. When they are dropped off they are threatened that if they do not sell a certain amount, they will not be given any food that night. The cell phone he was provided can only be used to contact his boss. He cannot call home or anyone else he knows. At night, all ten teens must sleep in one hotel room. If anyone complains or questions the boss, they are beaten.

Ethan has a job where he is being controlled and forced to work. He has no way to contact anyone and he will be punished if he does not do as he is told. How can you **Ask** Ethan more about this unsafe situation?

Ethan tells you he is afraid of his boss and has no way to contact his family or anyone else who can help.

You can tell what Ethan's boss is doing is wrong and seems illegal. How can you let Ethan know you **Care**?

Who can you **Tell** to help Ethan get out of the unsafe situation?

**TAKE ACTION BY USING A.C.T.**

Directions: Review the scenario from the Close-Up Activity. Use A.C.T.: Ask, Care, Tell to help the victim in each scenario. Write your answers below and prepare to share your answers with the class.

Scenario 5: Kelly and her friends like to chat online. She likes meeting people online because she is frequently teased about being shorter than her friends and looking like a little girl. One day, a guy from another school messages Kelly online. She isn't sure about the conversation at first, since she has never met him, but they continue chatting because she likes having someone to talk to and he is giving her positive attention. Kelly is flattered by his attention and agrees to give him her number. Soon he starts texting her, and asking her to send him photos. He continues to tell her how special she is. Kelly begins to meet him secretly. When they get together, she realizes he is older than he said he was online – but he is still really nice to her. He tells her to keep their friendship a secret, and he takes her out and buys her nice things. She knows it's wrong to keep this secret, but he makes her feel special. Eventually, he offers her drugs and alcohol. He tells Kelly he loves her, and she must prove her love for him. He makes promises to her and she believes that if she does what he wants, he will fulfill his promises. He has Kelly do things for money and she is forced to give him all of the money. Kelly no longer hangs out with her friends. When her friends invite her places, she tells them her boyfriend won't let her hang out because she has to be with him.

If you realized Kelly was spending all of her time with an older guy and not allowed to see her friends, what could you **Ask** to find out about her relationship?

Kelly tells you that she loves her boyfriend and she doesn't want him to break up with her, so she does what he wants. He promises her that someday they will have a wonderful life together, but for now he gets really angry and threatens her if she doesn't do what he wants.

You can tell that Kelly is in an unsafe situation. How can you let Kelly know you **Care**?

Who can you **Tell** to help Kelly get out of the unsafe situation?

PERSONAL POWER



JOURNAL

"If I could have convinced more slaves that they were slaves, I could have freed thousands more."
–Harriett Tubman

What does this quote mean to you? Can you put it in context of the concept of trauma bonds? Why is it important use your personal power to keep yourself and others safe?